



**PRINTING INSTRUCTIONS:**

1. Print the image in reverse/mirrored format using a Heavy paper mode.
2. Trim away the unprinted areas of the transfer if desired.



Press Settings should be 375°F/190°C with medium to heavy pressure for 30 seconds

**PRE-TRANSFERRING INSTRUCTIONS:**

1. Prepare the garment/fabric by ensuring the surface is clean, dry, and wrinkle free by using a lint brush and your heat press.

**TRANSFERRING INSTRUCTIONS:**

1. Place the transfer on top of the garment with the print image against the fabric.
2. Press 30 seconds at 375°F/190°C using using medium to heavy pressure (40 to 70 psi/3 to 5 bar).
3. For best results leave on the heat press, wait 10 to 15 seconds depending upon the fabric and then peel the paper in a smooth even motion (hot peel).
4. To improve the feel or "hand" and get even better wash durability, stretch the garment in all directions while still hot.
5. If desired, wait and peel the paper after cooling completely (cold peel). This method gives a stiffer "hand" but it is quicker and works well for hard surfaces.
6. You can then improve the softness and get even better wash durability by covering the image with parchment paper, repressing for 10 seconds and immediately stretching in all directions while still hot.

**Xtra SOFT FABRIC METHOD:**

1. Alter pressing step to 10 to 15 seconds at 375°F/190°C using medium to heavy pressure (40 to 70 psi/3 to 5 bar).
2. Remove from press and peel the paper after cooling (Do not stretch).
3. Place the garment back on the heat press and cover the image with parchment paper.
4. Press using medium to heavy (40 to 70 psi/3 to 5 bar) pressure for 25 seconds to fully bond the image to the garment.
5. Remove the parchment paper and immediately stretch the garment in all directions to soften, improving the "hand", and also improving the wash durability.

**WASHING INSTRUCTIONS:**

Turn garment inside out and wash in cold water using a mild detergent. Do not use bleach. Dry on low-heat setting. If you intend to iron the transferred area, ensure that the image is covered with parchment paper before ironing.

**IMPORTANT:** Printers and heat presses vary in accuracy. We have tested our products with numerous printers and presses with excellent results. Nonetheless, we recommend that you test the paper in your equipment to ensure the best results. Neenah's maximum obligation shall be to replace any paper that has proven to be defective.



For more information about Neenah Paper Heat Transfer Papers:

[Neenah.com/Technical/HeatTransfer](http://Neenah.com/Technical/HeatTransfer)

North America: 800.344.5287

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